

Counseling Department, Kalmanovitz School of Education, Saint Mary's College

Marriage & Family Therapy/Professional Clinical Counselor (MFT/PCC)  
Plan of Study - 68 units  
4-Year Coursework Schedule

Year 1: FALL			TOTAL UNITS: 68
COUN	600	Introduction to Counseling Research	1
COUN	601	Counseling Skills I (6 Saturdays 10-5 with 6 additional 2-hour training groups)	3
COUN	604	Theories of Counseling	3

Year 1: SPRING			
COUN	602	Counseling Skills II (6 Saturdays 10-5 with 6 additional 2-hour training groups)	3
COUN	620	Psychological Testing & Assessment	3

Year 1: SUMMER			
COUN	603	Personal & Professional Development of Counselors	3
COUN	612	Human Sexuality	1
COUN	613	Alcohol & Substance Abuse	2

Year 2: FALL			
COUN	621	Human Development & Family Relationships	3
COUN	611	Law, Ethics, & Values	3

Year 2: JAN TERM			
COUN	781	Counseling Older Adults & Their Families	1

Year 2: SPRING			
COUN	701	Psychopathology	3
COUN	622	Group Theory & Practice	3

Year 2 SUMMER			
COUN	610	Career Counseling	3

Year 3: FALL			
COUN	605	Issues in Intercultural Counseling & Social Justice	3
COUN	721	Family Systems Theories	3

Year 3: JAN TERM			
COUN	761	Addictions, Dual Diagnoses, and Recovery-Oriented Treatment	1

Year 3: SPRING			
EDUC	772	Research Seminar I	3
COUN	741	Advanced Clinical Practice	3

Year 3: Summer			
COUN	771	Psychopharmacology	3
*COUN	*797	*Counseling Exam Preparation (Second Summer Session Only)	3

Year 4: Fall			
COUN	731	Treatment of Children	3
COUN	791	Counseling Field Experience MFT/PCC	3

Year 4: SPRING			
COUN	751	Community Mental Health Counseling and Trauma Interventions	3
COUN	711	Theory & Practice of Counseling Couples	2
COUN	791	Counseling Field Experience MFT/PCC	3
*COUN	*799	*Counseling Master's Project or Thesis	3

(For the Counseling Exam, take 797 instead.)

\*COUN 797 or 799, not both

Revised 6/1/25